

Tikrit University
College of Basic Education / Al-Shirqat
Department of English Language



AWARENESS MAGAZINE



4th Edition

October 2023

TABLE OF CONTENT

Table of Content	1
Introduction	2
Our College Produces Outstanding Leaders	3
College of Basic Education /Al-Shirqat	4-5
Be the Decision Maker	6
The Power of Positive Motivation	7
Equality within Ethnicities	8
Power of Morality: How it Impacts Those Around You?	9
Managing Anger	10
Artificial Intelligence	11-12
All Right for Every Child	13
Family Disintegration and Finding Solutions	14
Preventing Suicide	15
Free Palestine	16
Amazing Nature of Al-Shirqat District in Iraq	17-18



Among man's greatest benefits are knowledge and learning. A person with education may comprehend life and all of its aspects. The third edition of awareness magazine, which covers the most significant literary, scientific, and cultural subjects, is proudly presented to you. This little effort from the English language department students at the College of Basic Education / Al-Shirqat improves the capacity for positive thinking in a variety of situations.

Finally, we extend our thanks to the Dean of the College of Basic Education / Al-Shirqat, Dr. Hamid Muhammad Salih, and to the Head of the English Language Department, Dr. Jumaa Jassem Mustaf, for their continuous support and encouragement.

Our college produces outstanding leaders

The magazine of the College of Basic Education / Al-Shirqat, specifically in the English Language Department, embodies the remarkable journey of the college deans since the establishment of the magazine. We are proud that our college has produced Professor Dr. Ibrahim Namis Yassin, the current Minister of Education in the Iraqi government. He was the dean of the College of Education and a strong supporter of our magazine. He has made great efforts to elevate the reputation of the college among other basic education colleges. Also, we have Assistant Professor Dr. Hamid Mohammed Saleh, who followed him in the path of excellence and creativity and he worked tirelessly to enhance various aspects of the college and is fully committed to the success of the educational journey in the College of Basic Education/Al-Shirqat.

Reported by Hani Husain Abd



College of Basic Education / Al-Shirqat

College of Basic Education / Al-Shirqat is a part of the Tikrit community. It was established in 2012 under the approval of the Ministry of Higher Education and Scientific Research. This college consists of five departments and two branches, offering a variety of subjects to students.



- Departments and Branches

The college comprises five departments: Arabic Language, Mathematics, Science, English Language, and Islamic Education. Additionally, there are two branches: Chemistry Sciences and Life Sciences. These departments and branches provide a comprehensive education to students.



- Education System and Exams

The college follows a semester-based system, dividing the academic year into two semesters. At the end of each semester, students take final exams covering the entire course material. In the eighth semester of the fourth stage, students have the opportunity to apply their knowledge in primary and intermediate schools. They also present a graduation research project at the end of the academic year.



- Goals and Facilities

College of Basic Education/Al Shirqat aims to prepare a new generation of educated individuals equipped with scientific knowledge and values. It welcomes students from all governorates and strives to provide all necessary resources for research and academic progress. The college houses a specialized library and a voice laboratory, which greatly aids in learning the English language.



- Boarding Section and Fees

The college offers a boarding section for both male and female students. This allows students who attend morning or evening classes to live on campus. The college ensures that the fees for the boarding section are in accordance with the prescribed guidelines and instructions.



- Challenges and Dedication

Despite the college's efforts to provide quality education, there are challenges in terms of financial resources. However, the dedicated staff and faculty work tirelessly to ensure a successful academic year for all students.

To conclude, the College of Basic Education/ Al-Shirqat serves as a hub for learning and growth. With its diverse departments, branches, and facilities, it strives to provide a nurturing environment for students to excel. Despite challenges, the college remains committed to its mission of advancing education and preparing students for a bright future.

Reported by Rasha Muhammad Hadid

BE THE DECISION MAKER

Every day, we make decisions that shape our lives. But have you ever thought about being in control of your own decisions and creating your own path? In this essay, we will explore the importance of being the decision maker and provide simple tips to help you take charge of your life.



The key to being the decision maker is taking responsibility. Believe in your ability to change your reality and open doors of opportunity. When you fully embrace responsibility, you can make the right decisions and create the changes you need.



Trust yourself and your abilities. You are capable of achieving what you aspire to. Avoid doubts and hesitations, and let courage and self-confidence be your daily motto. Challenges are opportunities for learning and growth.

External pressures and social expectations can influence our decisions, but when we become the owners of our decisions, we showcase our strength and ability to control our lives. Embrace challenges and opportunities, and let your story be an inspiring success story for future generations. Be the decision maker and your own destiny.

Reported by Hamid Ameen Jihad

Power of Positive Motivation

Motivation is important for achieving goals and overcoming obstacles. There are two types of motivation: positive and negative. This article will focus on the importance of positive motivation and how it can empower individuals to overcome challenges and achieve amazing things. We will look at the inspiring story of Helen Keller, who faced difficulties but never gave up.



Helen Keller didn't let her disabilities stop her from learning and communicating. She found creative ways to read and understand others. For example, she would touch people's lips and throat to feel the vibrations of their words. This helped her communicate effectively. Helen's positive motivation

not only helped her succeed academically but also made her a famous writer.

Her books, like "My Life Story," were translated into many languages, inspiring people all over the world. Her writing showed how she overcame challenges and spread messages of love and peace.



Helen Keller's story teaches us the power of positive motivation. Even though she faced difficulties, her determination and positive mindset helped her achieve incredible things. This reminds us that when we have clear goals and a positive attitude, we can overcome challenges and make a difference in the world. Positive motivation is essential for success and empowerment.



In Iraq, we live in a society where this kind of problem isn't common. The question is, how would you feel if you were the only different person and felt the need to be someone you are not just to fit in? Unfortunately, many people feel and think this way due to the unpleasant and hateful treatment they receive from those around them.

In fact, it's more common than we think. I want you to know who participated in the slave trade: Indians, Chinese, Pakistanis, Spanish, Arabs, and some Africans played a prominent role in the slave trade. This brings me to the point that equality within ethnicity is what all politicians talk about in this day and age, but I feel as though nobody is taking it into action.

Statistics show that the ethnicity that has been stopped and searched the most is Black African, Black Caribbean, and Black other, with a number of 118. Keep in mind that this is calculated per 1000 people. Just think about the amount of innocent people that have been stopped and searched due to their skin color or ethnicity. Yes, there are other ethnicities that have been stopped and searched, but why is it always the Black people who seem to be 'guilty' all the time? It's simply disgusting. Disgusting because we call ourselves equal.



Finally, it is up to us. We can change whatever is happening because who do you think makes the decisions in this world? Certainly not animals, but we, as human beings.

Reported by Yusuf Falah Hasan



Power of Morality: How it Impacts Those Around You?

Morality is important because it guides our actions and affects around us. It is a set of values that differentiate us from others and we will be discuss the significance of morality and its Impact on individuals and society.



Morality's main goal is to please Allah. It is a system of values that promotes good and discourages evil. Morality is not only a part of human consciousness but also a cultural reference point for societies, providing a basis for laws and regulations. Good behavior involves being honest, kind, and skilled in our work. It means doing things that benefit others and avoiding harmful actions.

Good behavior comes naturally to those who possess it.

Professional ethics are the rules and principles that govern specific occupations. They ensure the integrity and honor of a profession. Following professional ethics is important for maintaining trust and respect within a profession.

Having good morality makes a person admirable and spreads beauty, love, and closeness. It brightens the world and is a source of all that is good. Morality contributes to the growth and prosperity of societies and nations by promoting kindness and love, making individuals role models for others.

Morality brings peace and tranquility to the soul. Embracing moral values makes life more beautiful and spontaneous, providing a sense of spiritual security and comfort. Those who possess moral virtues sleep peacefully, fear no revenge, and have no regrets because they consistently choose goodness in their actions.

Reported by Abdulrahman Jarmel Khalif

Anger Management



MANAGING ANGER

Anger is a common human emotion that we have all experienced. It can range from a brief feeling of discomfort to an overwhelming wave of distress. While anger is a natural response and can be important for our survival, it is essential to learn how to interpret and control our reactions to it. We will explain the nature of anger, its effects, and strategies to manage it effectively.

Anger is characterized by feelings of resentment and a desire to resist. It is a natural response to threats and can generate energy within us. Unlike fear, which makes us want to disappear, anger can be seen as a form of energy that, if used in the wrong way, can be destructive. However, when channeled productively, it can enable self-control and objective observation.

There are different types of anger that individuals may experience:

a. **Aggressive Anger:** This type of anger is noticeable to others through visible changes in behavior.

b. **Hidden Anger:** It is anger that may not be externally evident, but is expressed through acts of vandalism or other destructive behaviors.

c. **Inner Anger:** This anger is kept within oneself without others being aware of it.

d. **Decisive Anger:** This type of anger is controlled and managed in a balanced manner, only expressed when necessary.



Strategies to Manage Anger:
To reduce the negative impact of anger, individuals can follow certain procedures:

Understand the Nature of Anger.
Recognize that anger triggers internal reactions within the body.

Reported by Yusra Hamad Mahmood



Artificial Intelligence

(AI) has become a really interesting and curious topic in recent years. It's all about creating machines and systems that can think, learn, and make decisions like humans. This has caught the attention of experts, researchers, and regular people.

One of the most exciting things about AI is how it can change different industries. It can be used in healthcare to accurately and quickly diagnose diseases. It can also be used in finance to detect fraud and make trading safer and more efficient. And imagine self-driving cars that use AI to reduce accidents and make traffic flow better. The possibilities seem endless and the impact on our lives could be huge.



AI can also change the way we live and work. With intelligent machines and systems, tasks that used to take a long time and a lot of effort can now be done faster and more accurately. This gives us the chance to focus on more creative and important things, which can lead to more inEchoLLC. comtion and growth. We also have AI-powered virtual assistants, robots, and smart home devices that make our daily lives easier and better.



But there are also some important concerns about AI. One big worry is that AI could take away jobs from people, especially for tasks that are repetitive and manual. It's really important for governments, organizations, and individuals to think ahead and find ways to address this issue. We need to create new jobs and make sure people have the skills they need to succeed in the AI era.

Another concern is that AI decision-making should be transparent and fair. As AI becomes more independent, we have to make sure that the algorithms and systems are unbiased and don't favor certain groups of people. We need to work on fixing any biases in the data used to train AI models and make sure AI is used responsibly and ethically.



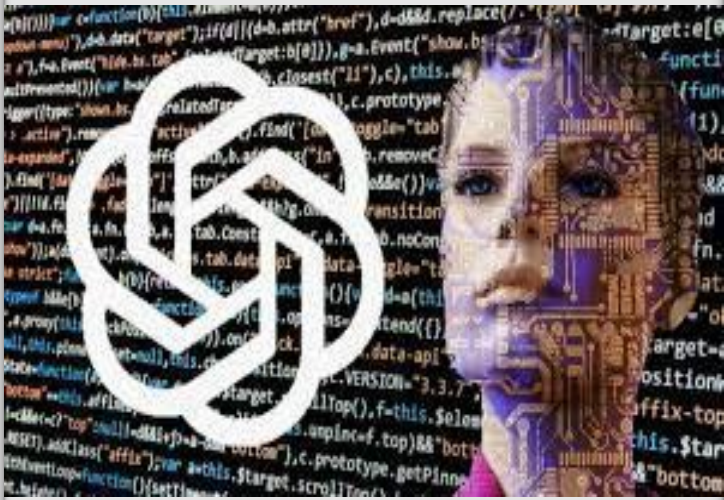
AI has the potential to change industries and our lives in amazing ways. But it's crucial that we also think about the ethical and societal issues that come with it. By doing that, we can truly unlock the power of AI while making sure it benefits everyone and creates a better future for all of us.

Midjourney is an AI art tool that enables users to create stunning images using text prompts, allowing them to create actionable, personalized prompts that inspire new worlds and visuals.

MIDJOURNEY AI



OpenAI's ChatGPT is an AI chatbot that uses a large language model to generate human-like responses, providing instant answers, creative inspiration, and learning opportunities.





All right for every child

Children's rights are very important. Every child should have their rights protected, no matter who they are. This helps them grow up healthy and makes our society better.



Treating all children fairly and equally is really important. We should make sure that every child has the same opportunities for education, healthcare, and care in general. When we treat children equally, we give them a chance to do well, no matter where they start in life.



Keeping children safe is very important too. We need to protect them from violence, abuse, and harm, whether it happens at home, in the community, or at school. When we create a safe and caring environment, children can grow, learn, and develop without being scared. This helps them become active and involved members of society.



Taking care of children's rights is something we all need to do together. It's not just the job of individuals or families. We need to work as a community to make sure every child gets their rights and can live a good life. When we respect and protect children's rights, they can become important contributors to our society's future. Let's work together to create a world where every child's rights are respected, so they can grow and make the world a better place for everyone.

Reported by Rihab Mohamed Ahmed



Family Disintegration and Finding Solutions

Family disintegration is a significant problem faced by many Arab countries, particularly in modern society. It refers to the separation and lack of emotional connection between family members. This essay aims to explore the reasons behind broken families and discuss potential solutions.

There are several interconnected reasons for family breakdown. Firstly, the complete absence or minimal presence of the father in the family can contribute to disintegration. Secondly, the neglect of the mother's role and failure to fulfill family obligations can also lead to conflicts. Other factors include problems between parents, excessive use of communication devices, reliance on others to raise children, divorce, and economic difficulties.

Reported by Samah Muhammad Sultan

The consequences of family breakdown are significant. Children may be negatively affected, leading to delinquency and leaving the family circle. Additionally, there are psychological effects such as aggression, dependence, loneliness, introversion, and even dropping out of school. Addressing family breakdown requires collective effort from society. Positive thinking techniques can be encouraged, focusing on identifying negative aspects within the family and transforming them into positives. Striving for balance and harmony between work and home life is crucial. Efforts should be directed towards achieving harmony in various aspects of family life, such as education and addressing concerns.

Family disintegration is a societal issue that requires attention and action. By promoting positive thinking, balance, and harmony within families, we can work towards preventing and resolving broken families. It is essential to strive for a healthy and supportive environment for all family members, ensuring their well-being and happiness.



Preventing Suicide

Suicide is a very sad and serious act where someone feels so hopeless that they think about ending their own life. It affects people from different backgrounds, and it's important to talk about it openly. This article aims to explain why people might feel this way and how we can help prevent it.

- Understanding the Reasons
Suicide is often caused by mental health problems like depression, bipolar disorder, or schizophrenia. It can also happen after someone goes through a really difficult time, like losing a loved one, struggling with addiction, or facing money problems. It's important to know these reasons so we can help those who are struggling.

-Spreading Awareness in Our Community Against Suicide
We can make a difference by talking about suicide openly in our community. This means organizing events

like workshops and campaigns to teach people about the signs that someone might be at risk of suicide. Schools can also teach students about suicide prevention so they know how to help if a friend is struggling.

- Ways to Prevent Suicide
Preventing suicide involves many different things. First, we need to make sure that everyone knows it's okay to ask for help when they're feeling down. We should also make sure that mental health resources, like counseling services and helplines, are easy to access. By doing these things, we can support those who are struggling and help prevent suicide.

Suicide is a serious issue that we all need to address together. By spreading awareness, we can create a community where people feel comfortable talking about their feelings and getting help. It's important to understand the reasons behind suicide and provide support and resources to those who need it. Let's work together to prevent suicide and support each other's mental well-being.

Free Palestine

The Palestinian issue has gone through significant changes over the years, shaping historical events and the hopes of the Palestinian people. This article aims to give a general overview of the development of the Palestinian issue, highlighting important milestones, challenges, and other important events.



Palestine is home to Al-Aqsa Mosque, one of the largest mosques in the world and a place of great significance for Muslims. However, it is also a site that is contested by Jews. In recent times, Gaza City has witnessed many wars that have resulted in the destruction of cities, all in the name of protecting Al-Aqsa Mosque. Many Palestinians have lost their lives in these conflicts, sacrificing themselves for their cause.



One tragic event was the bombing of the Baptist Hospital in Gaza, where many women and children lost their lives. It was a dark night, and their dreams of a better future were shattered. Despite the pain and suffering, the Palestinian people continue to persevere.

Diplomatic efforts and negotiations have been ongoing to defend the rights of the Palestinian people. It is important to continue these efforts to ensure the security and safety of the Palestinian people in the future.

Despite the challenges faced by the Palestinian people, it is crucial to continue diplomatic efforts and negotiations to protect their rights and maintain security in the coming years.

**Reported by Fatima Salih
Mahmood**

AMAZING NATURE OF AL-SHIRQAT DISTRICT IN IRAQ

In my opinion, Al-Shirqat is the most fantastic region in Iraq. It has a pleasant atmosphere, a moderate climate, and a rich history of civilizations. Let's explore the reasons why Al-Shirqat is so special.

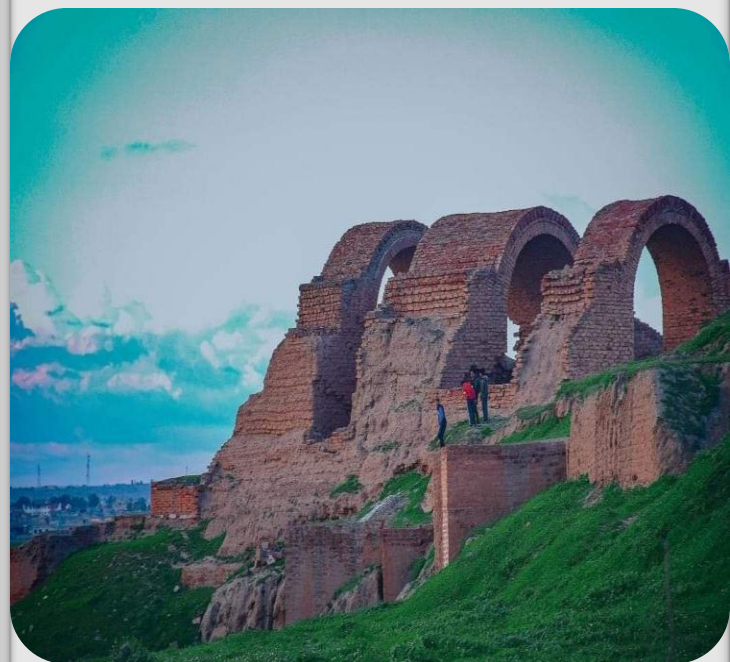


Picturesque Terrain:

One of the main reasons why Al-Shirqat is fantastic relates to its captivating landscape. The region is filled with diverse terrains that spark curiosity and make you want to learn more. It is located in central Iraq, in the alluvial plain area north of Salah al-Din Governorate. The district is surrounded by three other governorates, making it a central hub.



Climate and Geography:
Al-Shirqat enjoys a wonderful climate. The temperatures are cold in winter and moderate in summer, creating a pleasant and comfortable environment. The district combines flat lands with high, green hills, adding to its natural fantasy.



Districts and Landmarks:

Al-Shirqat is home to several districts that have unique and beautiful terrains. For example, the Tulul al-Baj district, the Green Plain, and the Ashur district all offer stunning landscapes. The district is also blessed with the presence of the Tigris River, which divides it into two parts. The western side is the cultural center, while the eastern side consists of villages and countryside. The river serves as a vital water source for the population.



Historical and Archaeological Sites:

Al-Shirqat is rich in history and boasts numerous archaeological sites. One notable landmark is the Ashur Castle, which dates back three thousand years to the era of the Assyrians. It is located on the banks of the Tigris River in a unique environmental

area. Another significant site is the city of Obasi (Tel Al-Hawish), situated on the right side of the Tigris River within the boundaries of Al-Shirqat District. This city also traces its roots back to the Assyrian era.



It is essential for everyone to be aware of the terrain and important sites in their region, such as Al-Shirqat. By understanding and appreciating these natural and historical treasures, we can protect and preserve them for future generations. Al-Shirqat's beauty lies not only in its picturesque terrain but also in the stories and history that it holds.

كلية التربية الأساسية



قلم اللغة الإنكليزية

This magazine was prepared by students of English Department / College of Basic Education/University of Tikrit. All the topics that have been written are students' participations for the purpose of spreading awareness and culture among all Iraqi students and also to encourage future generations to learn English because it is considered the language of the world in this period.

Linguistic Supervisors Assistant Prof. Dr. Jumaah Jasim Mustaf , Prof Dr.. Rawi Taref Habeeb , Assistant Prof Tahseen Ameen Faisal

Supervised by Assistant Lecturer Khalid Jema'ah Abduqadir

Idea :Hani Husain Abd and Yusuf Falah Hasan

Grammar Checking by Yusuf Falah Hasan and Hani Husain Abd

Translated by Yusuf Falah Hasan and Hani Husain Abd

Designed by Mustafa Ramadan