

The 5 edition of awareness magazine, which cover the most significant literary, scientific, and cultural subjects, is proudly presented to you. This little effort from the English Language department students at the College of Basic

Education / Al-Shirqat improves the capacity for positive thinking in a variety of situations. We extend our thanks to the Dean of the College of Basic Education / Al-Shirqat, Dr. Hamid Muhammad Salih, and to the Head of the English Language Department, Dr. Jumaa Jassem Mustaf, for their continuous support and encouragement.

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Introduction

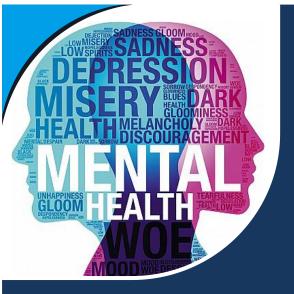
The awareness magazine, an initiative of the English department at the college of basic education in Al-Shirqat, was born from the visionary idea of The Professor Dr. Rawi during his tenure as the department head. This magazine serves as a platform to disseminate culture, ideas, and awareness throughout society, while also providing a means for students to express their own thoughts, aspirations, and talents.

With a mission to foster a sense of enlightenment and social consciousness, the awareness magazine strives to create a space where students can showcase their skills and talents. It recognizes that their abilities and passions are the driving force behind their life's struggle and aims to provide a platform for them to shine.

Dr. Rawi's dedication to spreading culture, ideas, and awareness in society is commendable. After he was the head of the English Department at the College of Basic Education, Al-Sharqat, he had the brilliant idea to create an awareness magazine. This magazine serves as a platform for students to share their ideas, aspirations, and talents, making it an essential tool in their life's struggle.

By showcasing the talents and ideas of students, the magazine not only celebrates their achievements but also inspires others to pursue their own passions and dreams. It serves as a source of inspiration and motivation, encouraging readers to embrace their own potential and make a positive impact in their communities.

As the magazine continues to evolve, it remains committed to its mission of spreading culture, ideas, and aspirations. It serves as a testament to the power of collaboration, creativity, and the unwavering dedication of the English department's students and staff.



MENTAL HEALTH

Mental health, an integral aspect of overall well-being, encompasses the emotional, psychological, and social aspects of an individual's life. It refers to a person's ability to cope with daily challenges, maintain positive relationships, and achieve optimal mental functioning. Prioritizing mental health is crucial for a balanced and fulfilling life.

Maintaining a good mental health is essential for several reasons. Firstly, it enables us to cope with the challenges and stressors of daily life. When our mental health is strong, we are better equipped to handle setbacks, solve problems, and adapt to changes effectively. It enhances our resilience and ability to bounce back from difficult situations

Secondly, mental health influences our relationships and interactions with others. It affects our communication skills, empathy, and understanding. When we prioritize our mental well-being, we are more likely to build healthy relationships and maintain a supportive social network. Positive social connections contribute to our overall happiness and sense of belonging.

MENTAL HEALTH IS IMPORTANT

Mental health is an essential part of holistic health and is critically important in the lives of individuals and communities. Here are some reasons why mental health is so important:

Emotional balance: Good mental health helps achieve emotional balance and positive feelings.

Social Relationships: Mental health affects the ability to build and maintain healthy, balanced relationships with others.

Academic and vocational performance:

Mental health is linked to good academic and vocational performance. When you have strong mental health, you can focus and achieve better, and be more productive and creative in your field of work.

Furthermore, mental health impacts our physical health. Research has shown that individuals with good mental health are more likely to engage in healthy behaviors such as regular exercise, balanced nutrition, and sufficient sleep. These lifestyle choices, in turn, promote physical well-being and reduce the risk of developing various health conditions.

In conclusion, recognizing the importance of mental health is crucial for leading a fulfilling life. It empowers us to navigate life's challenges, fosters healthy relationships, and contributes to our overall well-being. Prioritizing mental health involves seeking support when needed, practicing self-care, and promoting awareness and understanding within society. Let us strive to prioritize our mental health and create a world that values and supports the well-being of every individual.





Believing in Tomorrow: How Hope Can Be the Motivation for a New Beginning and a Better Life

In the intricate tapestry of life's journey, events unfurl with myriad threads, weaving a complex narrative. Despite the challenges that these threads may present, faith in tomorrow stands resilient—a luminous beacon that dispels the shadows, illuminating the intricate paths of hope and transformation.

In the crucible of difficult moments, hope emerges as an enigmatic force, shrouded in subtlety yet possessing the strength to propel us toward new beginnings. Its influence manifests as a kaleidoscope of positive hues, coloring the canvas of our lives with optimism and resilience. Life, often punctuated by desperate moments, reveals a profound promise when our gaze ascends to the dawn of tomorrow—a promise of untold opportunities adorning the horizon.



Promotes creativity and positive thinking:

Hope opens new horizons and promotes positive thinking and creativity. It can inspire us to discover new ideas and innovative solutions to problems.

Promotes mental health: Hope has a positive effect on mental health. It can reduce levels of stress, anxiety, and depression, and increase happiness and life satisfaction.

WHAT CAN HOPE DO:

Hope is a powerful and important force in human life. Here are some things hope can do:

Maintains optimism: Hope helps maintain optimism in the future destination. It can give us the ability to see positive things and think about solutions instead of focusing on problems.

Faces challenges: Hope can give us strength and courage to face challenges and difficulties in life. It enhances persistence and continuity in the face of difficulties and working towards achieving goals.

Hope, the internal flame, kindles our desire to confront life's challenges with unwavering determination. It is a spirited force undeterred by the shadows of adversity, boldly charting the course towards uncharted territories of new beginnings. In this poignant context, the potency of literature lies in its profound manifestation of the journey of hope and transformation.





ECHOES OF DREAMS: The Struggle of Graduates in the Shadows of Injustice and Hope in Iraq"

In this land, under the unrelenting sun of hunger and the oppressive shadow of poverty, the narrative of graduates in Iraq unfolds as a painful saga of despair and grief. Following arduous academic endeavors and years of tireless dedication, graduates find themselves embarking on a desperate quest for job opportunities. Doors close, and opportunities dissipate like fleeting shadows.

Families, burdened by fatigue and exhaustion, bear the weight of hunger and poverty as their means of sustenance crumble, leaving them grappling with the fragile hope of securing a livelihood. Jobs become a scarce commodity, leaving college graduates with bright dreams and ambitions adrift, lacking a fixed destination.

PROBLEMS TO GET A JOB IN IRAQ

In the midst of this desolate atmosphere, the government continues to envelop the offspring of its officials in comfort and luxury. It embraces opulence while millions suffer the ravages of poverty and hunger. This tragic dichotomy epitomizes the social and economic injustice endured by the people of Iraq.

A constant struggle between hope and despair engulfs the hearts of the young graduates. They harbor dreams and aspirations, yet confront a harsh reality that robs them of opportunities to lead a dignified life. Resilience and determination emerge as their only shields, guiding them through the stormy ocean of adversity.

These graduates personify the tale of resilience and unwavering will in the face of tempests, with their dreams serving as a beacon that illuminates their path through the darkness of harsh circumstances. Despite the profound wounds inflicted by their experiences, they persist in the search for a new sun of hope and opportunity, eagerly anticipating a horizon that heralds a new dawn, bringing with it the prosperity and opportunities they yearn for.





DISCOVERING OURSELVES: Nurturing Personal Growth and SelfDevelopment

Personal growth and self-development constitute lifelong journeys that necessitate delving into our inner selves, comprehending our strengths and weaknesses, and incessantly striving for improvement. This essay explores the avenues through which we can attain personal growth and self-development, ultimately fostering a profound understanding of ourselves.

Personal growth frequently materializes when we venture beyond our comfort zones. Embracing challenges and taking calculated risks unveils our true potential. By confronting obstacles head-on, we cultivate resilience, adaptability, and accrue invaluable life experiences that contribute significantly to our personal development.



The Building Blocks of Personal growth
Our habits intricately shape our lives.
Consciously cultivating positive habits, such as regular exercise, practicing gratitude, maintaining a healthy lifestyle, and nurturing relationships, establishes a solid foundation for personal growth and overall well-being.

Illuminating Blind Spots for Personal Development

Insightful feedback from others sheds light on our blind spots and areas for improvement

A Crucial Prelude to Personal Growth

Self-reflection stands as a critical initial step in achieving personal growth. Allocating dedicated time for introspection empowers us to assess our thoughts, emotions, and actions. This process unveils patterns, offers insights into our motivations, and cultivates a heightened sense of self-awareness.

Personal growth frequently materializes when we venture beyond our comfort zones. Embracing challenges and taking calculated risks unveils our true potential. By confronting obstacles head-on, we cultivate resilience, adaptability, and accrue invaluable life experiences that contribute significantly to our personal development.

Actively seeking constructive feedback from trusted mentors, friends, or colleagues enhances our understanding of ourselves and propels personal growth.

In essence, achieving personal growth and self-development constitutes an ongoing journey that demands self-reflection, embracing challenges, continuous learning, cultivating positive habits, seeking feedback, and embracing change. Through active participation in these practices, we unlock our true potential, embark on a journey of self-discovery, and lead fulfilling lives teeming with personal growth and self-fulfillment.



WHITE PAPER: Unveiling the Beauty of Expression

Talent and ambition are unique gifts that set individuals apart, and the beauty lies in the ability to channel that talent into something distinct. Personally, I have a deep love for writing, particularly crafting short stories that reflect the realities that surround us — a blend of joyous and painful events without imposing any bias on anyone's ideas. The white paper becomes a canvas for those courageous souls who aspire to cultivate the art of writing.

This white paper serves as a sanctuary for deepest secrets when finding understanding becomes elusive or obstacles prevent us from sharing the thoughts, problems, and pressures we grapple with internally. It becomes a conduit through which we can pen down everything that eludes verbal expression. Writing has become my refuge – a means to articulate the intricacies of my mind when faced with challenges or psychological burdens that I cannot share with others.

What drew me to writing is its therapeutic nature. Whenever I encountered a problem or felt psychological pressure that I couldn't divulge, putting pen to paper provided a release, alleviating the internal stress. It's a profoundly successful method, offering a sense of comfort and clarity.

My passion lies in crafting short stories that emanate from the reality that envelops us – narratives capturing the spectrum of emotions from the events we experience, both joyous and painful. Whether it's an article, a short story, or a collection of thoughts and phrases, my writing is grounded in real characters and experiences. The essence of my work is to inspire individuals with the gift of writing to overcome the barriers of fear, to break into the realm of the white paper, and to pour onto it the events unfolding around them or the vivid landscapes of their imagination – all in a simplified and enticing manner.

The benefits of handwriting extend beyond mere expression. It promises to be a vital element in the development of various human talents, fostering alertness, concentration, memory, organization, and methodology. Writing becomes the gateway to learning, forming the basis for the development of essential psychomotor skills.

This white paper serves not only as a medium for self-expression but also as a tool for personal growth.





PRESERVING OUR PLANT

No one can deny the fact that society and the environment are in danger. There are many reasons that put it in danger, such as lack of water and lack of vegetation, which leads to desertification, the most important and dangerous of which is pollution. What it is, how we can get rid of it, and who is responsible for protecting it?

Environmental pollution is one of the important issues that we must pay attention to because it is one of the biggest problems facing us in this era because it negatively affects everyone who lives on this planet. Reducing it is the responsibility of everyone, young and old, women and men.

There are several types of pollution that affect the environment, including pollution of water sources resulting from waste and toxic chemicals that pour into rivers and seas. All of this makes the water unfit for drinking and a carrier of diseases, and also affects the fish that humans feed on.



Living in a clean environment and society is very necessary, and this will not be achieved without the cooperation of governmental and private institutions and bodies. Special plants must also be established to treat waste produced by factories, as well as factories for recycling and waste disposal. The environment is a gift from God, so we must protect it from pollution.

STEPS FOR AVOIDING POLLUTION

The other type is air pollution from gases and vapors resulting from factories, public transportation, fires, and also from natural sources such as volcanoes and earthquakes.

The third type of pollution is soil pollution, due to the excessive use of chemicals and pesticides, as well as the use of untreated wastewater for irrigation. This leads to the loss of biological diversity in the soil, which increases the soil's susceptibility to erosion and causes a reduction in agricultural production. Not only this, but it also affects its quality and underground water.

- 1. Use public transportation or bicycles instead of driving your own car .
- 2. Separate recyclable waste and dispose of it properly.
- 3. Make sure to reduce water consumption.
- 4. Grow plants in your home or garden.
- 5. Raise awareness about pollution and its importance among the people around you.

Remember, a little change makes a big difference when it comes to pollution. So, start applying these tips in your daily life and be part of solving the problem!



THE BATTLE FOR A DRUG-FREE COUNTRY

Iraq, a country marred by decades of conflict and instability, is fighting on multiple fronts. In the midst of the ongoing war against terrorism and political unrest, another battle is silently taking place—the fight against drugs. Iraq, like many countries around the world, is faced with the daunting task of reducing the spread of drugs and their destructive impact on society. This article discusses the efforts being made by Iraq to combat the drug threat and highlights the challenges facing the achievement of a Drug-Free State.

Due to its geographical location, Iraq is considered a transit route for drug trafficking networks. The proximity to countries that are famous for drug production exacerbates this issue. The weakness of the country's governance structures and socio-economic instability makes it a fertile ground for the exploitation of drug traffickers.

Cooperative efforts with neighboring countries have led to increased security along the Iraqi border, with the aim of intercepting drug shipments. Intelligence-sharing initiatives and joint operations have been established to counter cross-border drug trafficking. Moreover, advanced screening technology and training programs for border officials have been implemented to enhance surveillance capabilities.

Socio-economic factors such as poverty, unemployment, and limited access to education account for the vulnerability of individuals who fall prey to drug addiction. Addressing these fundamental issues is crucial in preventing drug abuse and reducing the demand for illicit substances.

The fight against drugs in Iraq is a major challenge amid a backdrop of violence, conflict, and instability. With improved legislation, strengthened border control, international cooperation, and a more comprehensive strategy addressing socioeconomic factors and rehabilitation, Iraq is making great strides towards a Drug-Free State. However, internal challenges and ongoing geopolitical conditions require sustained efforts and international support. By strengthening collective commitment, Iraq can strive towards a future where drugs have no place in society and secure a better future for its citizens.

At the end, I urge our conscious youth to stay away from drugs and understand the risks involved. Drugs are not just a passing experience; they are a decision that can greatly affect your personal life and future. Avoid using drugs because they have a negative impact on physical and mental health. It leads to changes in personality and thinking and reduces the ability to concentrate and make the right decisions. This is in addition to the risk of addiction, which can make you lose control of your life. Moreover, be aware that drug use weakens social and family relationships, leading to isolation and loss of trust from friends and loved ones.



Authored by Yasir Ahmed Dheyab

THE CONCEPT OF TIME MANAGEMENT

Time management is a skill and process through which time is divided between different activities that enable a person to work more effectively and with less effort. Given the limited time, managing it indicates the possibility of making better use of it.

The importance of organizing time

There are many countless benefits to organizing and managing time, the most prominent of which are the following:

Accomplishing tasks with less effort and greater effectiveness: Effective time management helps to produce more tasks, by prioritizing each of them, and then executing them as allocated to them. Also, having an additional productive hour during the day as a result of using time wisely gives the person additional hours of production during the year, which benefits him.

Making life meaningful: Constant preoccupation with useless things contributes to making life more frustrating for the individual.

Enhancing confidence: Completing tasks on time increases a person's sense of self-confidence and reduces his feeling of exhaustion, which prompts him to carry out more tasks and accomplishments.

Giving more free time: Allocating specific hours for sleeping, working, and commuting helps increase the free hours allocated to doing the things the individual prefers and that work on his personal growth.

Getting rid of hesitation: Worrying and thinking about the decisions that the individual will make, whether large or small, is a waste of time. Creating a plan in which the individual organizes his time will be a useful step to prevent him from wasting time wondering and doubting his decisions.

Achieving goals faster: Many people aspire to achieve their own goals, but they face difficulty in doing so because of their lack of awareness of the importance of time, in addition to procrastinating in achieving these goals or postponing them indefinitely.

Effective time management skills

Here are some skills that help organize time effectively:-

- 1. Determine the goals that the person seeks to achieve, provided that they are realistic.
- 2. Arranging priorities, which allows more focus on them and achieving them more effectively.
- 3. Avoid procrastination by staying away from activities that distract a person from his or her primary task.
- 4. Breaking down large tasks and goals into smaller tasks to make them easier to accomplish.
- 5. Persevere in achieving the goal and learning how to overcome the frustration that a person may face in tasks.



THE IMPORTANCE OF READING

Reading is a fundamental skill that plays a crucial role in developing our writing abilities. By immersing ourselves in various literary works, we gain exposure to different writing styles, vocabulary, and sentence structures. This exposure provides us with a wealth of knowledge and inspiration that can significantly enhance our own writing skills.

When we read extensively, we are exposed to a wide range of writing styles and techniques. This exposure allows us to observe how different authors convey their ideas and emotions through their writing. By analyzing and internalizing these diverse approaches, we can expand our own repertoire of writing techniques and develop a more nuanced and sophisticated writing style.

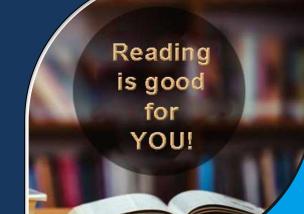
Furthermore, reading exposes us to a rich and diverse vocabulary. As we encounter new words and phrases in the texts we read, we expand our linguistic repertoire and become more adept at expressing ourselves. A broad vocabulary not only enhances the quality of our writing but also enables us to articulate our thoughts more effectively, making our writing more compelling and engaging.

Reading helps you gain new information and open new horizons. It's like traveling to different worlds without leaving your current place. Reading stimulates the mind and develops critical and creative thinking. The more you read, the more you will be able to think deeper and more complexly. When you read a lot, you are exposed to different writing styles and enhance your ability to express yourself in a fluid and engaging way. By reading novels and stories, you can better understand and empathize with other people's points of view and learn about new cultures.

Socio-economic factors such as poverty, unemployment, and limited access to education account for the vulnerability of individuals who fall prey to drug addiction. Addressing these fundamental issues is crucial in preventing drug abuse and reducing the demand for illicit substances.

In addition, reading helps us internalize proper grammar and sentence structures. By regularly encountering well-constructed sentences and grammatically correct passages, we subconsciously absorb these patterns and incorporate them into our own writing. This process of internalization helps us produce clear, coherent, and grammatically sound compositions.

In conclusion, the importance of reading in improving our writing skills cannot be overstated. Through reading, we are exposed to diverse writing styles, expand our vocabulary, and internalize proper grammar and sentence structures. These benefits collectively contribute to our development as more adept and proficient writers.



Authored by Mohamed Ghanim Ali

THE BRIGHT FUTURE: How Positive Thinking Can Open New Beginnings in Your Life"

Considering positive thinking as a catalyst for positive transformations in our lives, we gain the ability to clearly define our goals and work confidently towards achieving them. Positive thinking can play an effective role in overcoming the fear of the unknown, fostering confidence that the future can be better than expected.

When we open doors to new beginnings with optimism, we find ourselves capable of exploring new fields and developing our skills. A positive mindset enhances personal motivation, making us more adaptable to changes and innovative in our paths.

In general, positive thinking can be a gateway to a world of opportunities and possibilities. If we view life as a continuous journey of learning and growth, we'll find that positive thinking is the fuel that motivates us to explore the unknown courageously and achieve remarkable milestones in our lives.



In the end, the secret to a bright future lies in changing our perspective on life and transforming challenges into opportunities for growth and development. The ability to embrace new beginnings with optimism reflects our determination to build a sustainable life filled with success and happiness.

Steps Help You to Think Positively

Controlling negative thoughts: Try to be aware of the negative thoughts that are running through your mind and try to transform them into positive thoughts.

Amid the challenges we face in our daily lives, positive thinking emerges as a key to unlocking doors to new beginnings and a bright future. When we adopt a positive outlook on life, we are ready to face challenges with an optimistic spirit.

Optimism is not just about seeing the glass half full but directing positive energy towards our desired goal. Positive thinking enhances self-confidence, helping us overcome obstacles and challenging beginnings with a strong spirit.

Focus on the positives: Make sure to direct your attention and focus towards the positive aspects of your life.

Practice optimism: Try to look at things from a positive perspective and focus on possible solutions rather than on problems.

Taking care of yourself: Take care of your mental and physical health.

Maintain the company of positive people: Try to be surrounded by people who spread positive energy and encourage positive thinking.

We hope that these steps will help you promote positive thinking in your life!



HISTORY OF BABYLON CIVILIZATION

Iraq is one of the most historically and archaeologically significant countries. It has been home to many ancient civilizations that thrived and progressed, and one of those civilizations is the Babylonian civilization.

Let's explore the archaeological sites in Babylon, Iraq:

The Hanging Gardens: These gardens were built during the reign of Nebuchadnezzar to express his love and affection for his wife. The name "Hanging Gardens" comes from the fact that ornamental plants grew on the terraces of the royal palace and the palace balconies. The gardens were irrigated in a sophisticated manner and were considered one of the Seven Wonders of the World. They were built with rare stones around 600 BCE.

Hammurabi's Obelisk: This is a black diorite stone on which the laws of King Hammurabi were inscribed. It measures eight feet in height and contains 300 paragraphs covering various aspects of life, including justice, trade, theft, marriage, the army, and animal rights.

The Tower of Babel: This is the most famous archaeological landmark in Babylon. It consists of seven circular spiral layers that lead to the Temple of Marduk at the top. The tower contained palaces, residential buildings, and temples that catered to all social classes of the Babylonians.

The Lion of Babylon: This is a stone statue depicting a lion devouring a man from the enemy. It measures 2.6 meters in length and 12 meters in height. The lion symbolizes the goddess Ishtar and dates back to the reign of the Chaldean dynasty.

Ishtar Gate: Also known as the Gate of the Gods, this gate is renowned for its intricate design. Its walls are adorned with colorful ceramic depictions of mythical creatures, including bulls, dragons, and the Marduk dragon-dog, which has a dog's body, lion's front legs, and bird's hind legs, with a long tail ending in a snake's head.

In conclusion, due to its historical significance and the pride Arabs take in their history, it is essential for the government to prioritize the preservation and protection of these buildings and their infrastructure. It is also crucial to build hotels to accommodate tourists from different countries and promote the culture of our nation.





Authored by Janna Rekad Ahmed

Amidst the Radiance of the Homeland and the Melody of Sacrifice: A Journey of Souls in Service of a Beloved Nation

The tales of sacrifice come to life in the person who willingly relinquishes valuable possessions, even one's own self, for the sake of their city and its inhabitants. For instance, the heroes of the city of Shirgat embody the most splendid images of sacrifice. One such example is the martyr of knowledge, Ali Eid Al-Jumaily, who raised his country's flag and remains one of the heroes of Shirgat in northern Salah Witnessing the injustice inflicted upon his city, he and his friends rose in revolt, forming the "Hawks of Shirgat." this decision stems from his belief in the significance of communal life and its positive impact on the surrounding environment. In such standout moments, the individual becomes a symbol of dedication and sacrifice.

In the labyrinths of life, sacrifice emerges as a radiant star that illuminates the human sky, motivating individuals to perform acts of kindness and dedication for their community. The heroic martyr Ali Eid Al-Jumaily

For the sake of the city, individuals sacrifice their time, effort, and even their dreams. They build bridges of understanding and communication, strengthening social bonds, and strive to improve living conditions for members of their community.

Sacrificing oneself for the city is not limited to individual actions; it can also manifest in the collaboration of a group of people working together for the common good. They function as a unified body, propelled by the spirit of sacrifice, making it impossible to overlook obstacles.

It is a poignant journey undertaken by individuals who decide to be the foundation upon which goodness and security stand.

Sacrifice sometimes takes an individual form, where a person chooses to be the candle that lights the paths of others. Offering oneself as a positive transformative force leaves a beautiful impact on the people around. This selfless giving contributes to the construction of a stronger and more cohesive society. Achieve remarkable milestones in our lives.

At the end, the realm of sacrifice, the person who sacrifices oneself for the city emerges as a hero who transcends personal boundaries, building bridges of communication, and sowing seeds of hope and peace. In this enchanting space, the person who sacrifices becomes a beacon for life, illustrating the noble meanings of humanity with the colors of generosity and selflessness.



Dr. Saad Jarjis: A Journey of Inspiration and Impact in Service of Knowledge, Poetry, and Society

In my exploration of influential figures in Iraqi society, Dr. Saad Jarjis stands out as a talented poet and academic born in the district of Al-Shirqat in Salah al-Din province, achieving widespread recognition in the region. Engaging in the study of the Arabic language since his secondary school years, he was profoundly influenced by the cultural and poetic richness of Al-Shirqat.

Dr. Saad earned his bachelor's, master's, and doctoral degrees with distinction, currently serving as an assistant dean in the College of Basic Education. His poetry carries a distinctive flavor, blending patriotism with adherence to religious principles. He shone in the "Prince of Poets" competition in the United Arab Emirates, proudly representing Iraq.

Dr. Saad's dedication is evident in his service to students at the College of Education and his support for the Palestinian people, making him an inspiring and compassionate leader. In a moment of study deferment, he displayed understanding and offered assistance, creating a sense of fraternity.

The Prince of Poets program, held in the United Arab Emirates, has been a platform that showcases the talent and creativity of poets from various Arab countries. Among the esteemed contestants, Dr. Saad Al Jarjis, representing Iraq, left an indelible mark with his profound and captivating poetry.

Throughout his participation in the Prince of Poets, Dr. Saad Al Jarjis mesmerized audiences with his profound and thought-provoking poems. His verses delved into a wide range of themes, including love, loss, identity, and the human condition. With his eloquent use of language and powerful imagery, he left a lasting impression on both the judges and viewers.

Dr. Saad Al Jarjis' participation in the Prince of Poets program as a representative of Iraq showcased his exceptional talent and deep connection to his cultural roots. Through his captivating verses, he left a lasting impact on the audience, reminding us of the power of poetry to transcend boundaries and touch the depths of our souls. Dr. Saad Al Jarjis' poetic journey in the Prince of Poets will be remembered as a testament to the enduring legacy of Iraqi poetry and its ability to captivate and inspire.

At the end of this essay, I am grateful for the opportunity to discuss the paths and personalities contributing to the elevation of knowledge and awareness in societies. Praise be to Allah, and blessings upon our Prophet Muhammad.





A Symbol and Model of Generosity, Giving and Sincerity Dr. Jumaa Al-Mustaf

Dr. Jumaa is truly a symbol and model of generosity and giving. He goes above and beyond to make others happy and is willing to sacrifice anything he owns to do so. His dedication to the well-being of his students is evident in his willingness to provide housing for those in distant provinces, even sacrificing his own possessions. His actions exemplify his respect for all components of the Iraqi people, as he provides assistance and support in all fields.

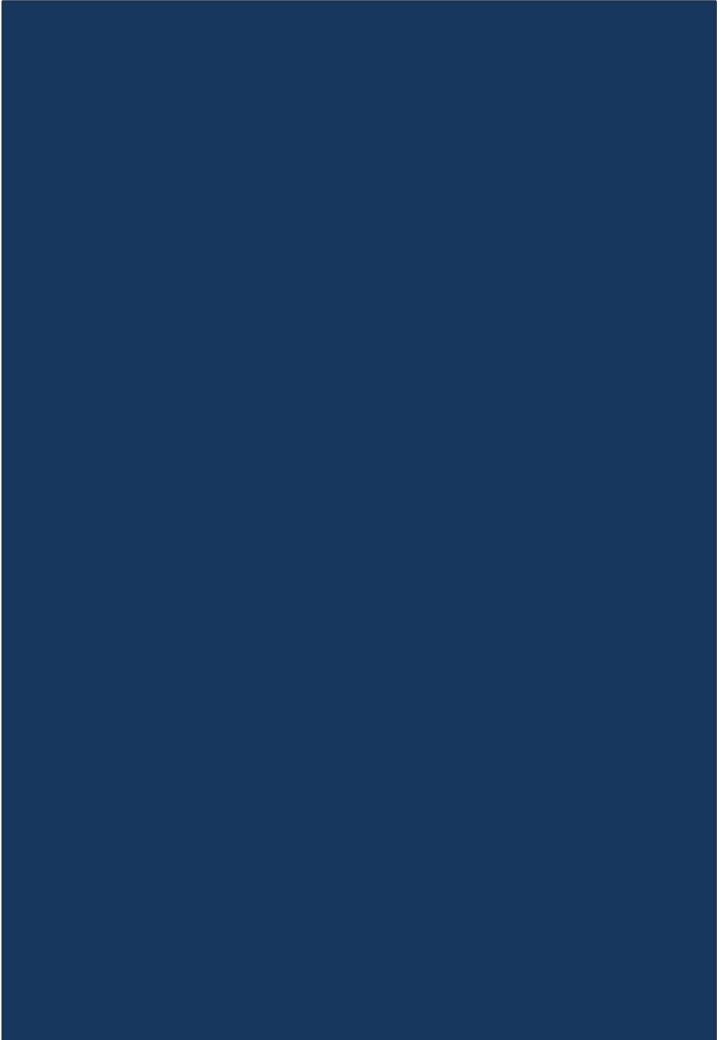
Not only does Dr. Jumaa excel in his generosity, but he also demonstrates exceptional teaching abilities. As a French language teacher at the Faculty of Basic Education, Al-Shirqat, he has had a profound impact on his students' academic journeys. His unwavering dedication to teaching and his ability to motivate and support his students set him apart as one of the most influential figures at the university.

Furthermore, Dr. Jumaa demonstrates a genuine interest in his students' success by providing additional support outside of class hours. His approachable nature and willingness to address concerns create a nurturing and supportive learning environment. He is always a motivated and supportive person, who encourages students to continue learning and spreading culture, science and ideas. He supports all matters related to the success of the students and their continued progress in studies.

Dr. Jumaa's teaching methods are innovative and effective. He creates an engaging and inclusive learning environment that encourages active participation and fosters a genuine love for the French language. He utilizes various interactive techniques to make the learning process enjoyable and enriching, ensuring that every student grasps the concepts and progresses at their own pace.

Overall, Dr. Jumaa's generosity, dedication, and exceptional teaching abilities make him a symbol and model of generosity and giving. His impact extends beyond the classroom, shaping his students' linguistic abilities and instilling a deep appreciation for the French language, ensuring a lasting impact on their academic and professional journey.









This magazine was prepared by students of English Department College of Basic Education Al-Shirqat University of Tikrit. All the topics that have been written are students' participations for the purpose of spreading awareness and culture among all Iraqi students and also to encourage future generations to learn English because it is considered the language of the world in this period.

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